

The Heroine's Journey





WHY?

There is a longing for powerful conversations that question and deconstruct our old inherited world views on toxic patriarchy. We are invited to take the next step towards expanding our Soul's journey. We are calling in women who wish to step into their power and their wisdom, fully embodying their divine feminine alignment. Making the conscious journey form the abandoned inner child to our Goddess energy. I invite you to stop playing small as a way of protection internally and externally, emotionally, intellectually and spiritually and fully embrace life in your unique way.

I've been immersed in the studies about The Heroine's Journey, The Divine Femenine, God as Her, and the Integration of the feminine and masculine energies within. What does it mean to connect her presence and wisdom within? To live her love: as Earth, as Spirit, as Body. How does she fully embody love? The kind of love that dissolves ego and looks closely into pain, and the ways we have forsaken, abandoned this part of ourselves as an exchange for some form of perceived limited success.

This adventure will embody the study and incorporation of a rebellious and unflinching Self-love, a deep form of courage and a wicked humour. It's an opportunity to reconnect, to harvest, and share our wisdom; to embody the feminine wisdom we are and take our seats as fully integrated beings in our unique way.

This course is not about attacking male energy its about reframing how we've misunderstood and starved our female source, it is about noticing the ways we have denied our own beauty and power and how to reclaim it, embrace it and let it guide the next stages of our journey to freedom and wholesome being.

Are you feeling called to step into a world nourished by your gifts, boundless freedom as you lead your life's values and passion from the depths of your feminine power?

We invite you to join us on this transformational journey.

The practices and resources of this container will support you deeply in all areas of your life. Whether you are experienced or a beginner, this deep dive into yourself is for you.

Sign up to start this wonderful journey.



WHAT WE WILL COVER?

Here is an outline of the Program:

- Embody the Spirit of Inquiry that moves through you; enjoy our life's harvest and becoming an Elder.
- Let's talk about how Self-love and grounded courage look like for you in this next phase of your life.
- Remember the force that we have forgotten. Enjoy your harvest. Plant new seeds.
- Honour the power of our sexuality and capacity to create in so many ways.
- Recognize the traits of the wise Zerospace within you. Acknowledge
 what you haven't activated yet. Get comfortable and excited with the
 mystery of the unknown.
- Find laughter, light, and joy behind life's challenges.
- Rebirth, renew and realign yourself in every moment.

Every session will be a deep dive to learn and experience how IBC (Inquiry Based Coaching) and IFS (Internal Family Systems) support our internal challenges. We will co- create a powerful container of trust, support, and grounded delight. To be able to love stronger and wider than ever. Let's move forward towards freedom, trust, openness, deep self-love, inner connection and clarity.

"I deeply believe that we need to talk about Love, Self-love way more than we do. The Love we think we know and the one we can still discover and expand way more internally. This is not about gender it's about a force we need to recall and remember in all of us."



Tania Fierro, MA | Founder & CEO | tania@innerland.com



I founded the Innerland Institute, in 2003 based in North Vancouver, Canada. I'm the co-creator of the IBC (Inquiry-Based Coaching) method. A powerful self-awareness methodology with which I share helping individuals and high-profile organizations to undo repetitive, unconscious, destructive, and stressful patterns that get in the way of talent, clarity, empowerment, inner alignment, and success.

I offer one on one coaching, conferences, workshops, and trainings in Canada, the USA, Mexico, and Europe for three decades.

I hold a BA and MA in applied philosophy. I am a Philosophical Counsellor and a member of APPA - American Philosophical Practitioners Association in New York. I have completed the Applied IFS Therapy program from the Adler Graduate School in Toronto. I served as director for The Institute for The Work in Los Angeles, CA and director of Human Rights Sector for Tibet House. I was a participant in the 1988 Seoul Olympic Games (sailing), Philosophy professor, as well as a dedicated practitioner of several wisdom traditions such as Mahamudra, Dzogchen, and Advaita.

I am a lover of nature, avid dancer and mother of two amazing young men.

Romy Luginbühl-Matter | Innerland Coach | romy@innerland.com

Romy's passion is to interact, communicate and connect with people. During a seminar with Tania and Markus she had a life-changing experience and she knew IBC™ is the key to living out of love and ending the suffering mindset. Through self-exploration, she changed from being someone thinking of herself as not being right into someone she became best friend with.

She has a longing for powerful conversations that question and decon-struct our old inherited world views about gender bias. In nature she finds peace and easiness.

2023 March 1.-4. Shima-Davos, Switzerland

We stay in a wonderful place surrounded by the healing power of the Davos climate which results from the protected high mountain location at 1'560 above sea level.

Location:

Shima-Davos AG Dischmastrasse 63 7260 Davos-Dorf https://www.shima-Davos.ch

Contribution:

4 days Seminar (9:00 - 22:00) CHF 720.-

3 nights in shared studios or 'family rooms' 2-6 pers each with bathroom/toilet

Full board including water or tea, snacks in the breaks CHF 371.-

Registration with:

Romy Luginbühl-Matter romy@innerland.com Tel: +41 (0) 78 714 13 33

